



# Buying Guide

## Finding the Perfect Duvet

**Choosing the perfect duvet can be a confusing experience. Our buying guide explains the difference between the various options and will help you to select the right duvet for you.**

**To find the perfect duvet, you need to firstly consider whether you prefer a natural or synthetic filling.**

### Synthetic Fillings

- **Non-allergenic and washable** - synthetic duvets make a practical alternative for those who are sensitive to natural fillings
- Advances in fibre have led to synthetic duvets becoming lighter, more breathable and feeling more like down-filled duvets.

### Synthetic Products

- Perfect Balance has a unique blend of microfibre and lysoft. It has the luxurious feel of down and is amazingly breathable for incredible comfort.
- Spundown has an incredibly fine microfibre filling enabling all sizes to be washed in a domestic washing machine at 60 degrees - the temperature that kills dust mites which are a common cause of asthma and allergies
- Cotton Touch is ideal for all the family with a 100% cotton cover - a practical solution.

### Natural Fillings

- Natural duvets have the benefit of being both durable and naturally breathable
- The lightest of all natural fillings is down which comes from the breast of the bird and has a unique ability to trap air, making it exceptionally light. It is also luxurious, soft and fluffy as it does not contain quills
- As feathers with quills are not as thermally efficient, it takes more to create the same level and so will weigh more
- Our natural filled products have a fill power rating to measure the quality of the feather and down. The higher the fill power, the better the duvet
- The covers of our natural filled duvets are constructed with cassette pockets to keep filling evenly distributed, preventing cold spots

### Natural Products

The Fine Bedding Company range includes Hungarian Goose Down, Goose Down, Goose Feather and Down and Duck Feather and Down.

### The next consideration is how warm you want to be

The tog rating of a duvet indicates this. Tog is a measure of warmth, the higher the tog, the warmer the duvet.

- **13.5 tog** is wonderfully warm so is ideal for the **winter** months
- **10.5 tog** offers medium warmth for **spring** and **autumn**
- **4.5 tog** is cool so ideal for the warm **summer** months

The **Four Seasons** option consists of a 4.5 tog duvet and a 9.0 tog, which can be used separately and combined to **suit every season.**

The natural **Mulberry Silk** duvet is available in two different weights - Lightweight and Medium weight.

- Light weight is the equivalent to a 4 tog duvet and is perfect for summer nights or for those that prefer to be cooler
- Medium weight is the equivalent to an 8 tog duvet and is ideal for most people all year round. It is light enough for summer and warm enough for winter in a centrally heated home.
- The duvets can be buttoned together for added versatility